



Idak • Learning Disabilities Association of Kingston

The right to learn, the power to achieve

116-993 Princess St. Kingston ON K7L 1H3 (Phone) 613-546-8524

Website: www.ldakingston.com E-mail: ldak@ldakingston.com

Summer 2015 Newsletter

LDAK Board of Directors 2015-2016

President	Gail Eaton-Smith
Past President	David Williams
Vice President	
Treasurer	Pat Dudley
Recording Secretary	
Members	Bill Cormier
At	Pamela Ayearst
Large	

Many Thanks to Our Volunteers!

A sincere thank-you to our dedicated Board of Directors, and the many volunteers who contributed their time and efforts in making our current year a successful one.

Special thanks to the graduating class of the Early Childhood Education Program (St Lawrence College), who presented LDAK with a huge donation in April.



Volunteers Needed

LDA Kingston is seeking to build our volunteer base for our *Charity Bingo's*.

The volunteer would be required to take a brief 1.5 hour information session prior to participating in the volunteer bingo. Age requirement is 18 years and older to volunteer.

The bingo's are held in a quiet, smoke-free environment on Montreal Street and the session is 2 hours in length. Volunteers work in pairs from our organization. The volunteer's job is to call back the winning card number. Volunteers do not sell cards or handle any money. Volunteers may participate at their convenience.

If you may be interested, please email Lana at: ldak@ldakingston.com

Summer Hours

Our office will be closing May 28th for the summer, and we will re-open Tuesday **September 8th.**

If you wish to contact the office, please send an email:

ldak@ldakingston.com

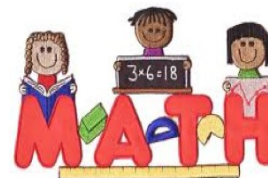
GROUPS AND MEETINGS

LDA Kingston General Meetings “FREE”
Wednesday September 30th, 2015 7 - 8:30 pm

Topic: “Making Sense of Math”

Presenter, Jade Gunn, is an Orton-Gillingham trained reading Therapist and Developer of the Yes! Math Program of the Reading Clinic.

It's an exciting new school year with many learning opportunities and most importantly to get on the right foot with math. Many students avoid math as they feel it is hard and it doesn't make sense. How do we teach math in a way that highlights its inherent sense? This talk is for parents and teachers of primary students to consider some key components that help students make sense with math.



Topics include number sense, math language, math symbols and going beyond counting.

Tuesday October 27th, 2015 7 - 8:30 pm

Topic: “Assistive Technology in the K-12 Classroom”

Jill Gardner, Special Assignment Teacher and **Lori Bryden**, Coordinator of Student Services, Algonquin and Lakeshore CDSB, will give an overview of assistive technology used in K-12 classrooms within the ALCDSB.

Everyone Welcome! Pre-registration recommended.

Info: 613-546-8524 ldak@ldakingston.com www.ldakingston.com
Ongwanada Resource Centre, Board Room (191 Portsmouth Ave)



IS YOUR CHILD STRUGGLING WITH READING, WRITING, OR MATH?

THE READING CLINIC CAN HELP!

**OUR UNIQUE YES! READING, WRITING AND MATH PROGRAMS ARE RESEARCH BASED,
RESULTS DRIVEN AND HIGHLY EFFECTIVE.**

SINCE 2001 OUR TEAM OF SPECIALISTS HAVE HELPED HUNDREDS OF STUDENTS SUCCEED.

**GET IN TOUCH TO LEARN HOW THE READING CLINIC'S YES! PROGRAM
CAN HELP YOUR CHILD.**

**SUMMER SESSIONS AND SUMMER TEACHER TRAINING
TO FIND OUT MORE: www.thereadingclinic.ca**

PRESIDENT' S MESSAGE

It has been a busy year, and for such a small group, we have accomplished a lot!

We were successful in applying for a grant to the Churchill Foundation to fund an *Assistive Technology (AT) Support Program* to provide workshops for students interested in using AT software to accommodate their Learning Disabilities. Our Treasurer and resident Tech Guru, Pat Dudley has put in a tremendous amount of time and effort to get this program up and running.

Bingo revenues continue to be steady, thanks to our volunteers and Board Members who take the time to represent LDAK at Community Spirit Bingo, Saturday and Sunday afternoons. We continue to use these funds to subsidize a series of workshops offered free of cost for the community during the Fall and Winter, as well as the creation and distribution of print materials such as brochures and information posters. This year we also designed an upright banner for use at community outreach and promotional events.

A province-wide initiative between the Learning Disabilities Association of Ontario (LDAO) and Toronto School Boards last year resulted in the *LD @ School* program that offered a number of webinars that were available to LDA members through their local chapters. This year, we anticipate that more members will take advantage of these free resources as they become more broadly promoted through local media and LDAK chapter newsletters. They are an excellent source of information addressing a wide range of issues related to individuals with Learning Disabilities, their families, friends, and neighbours.

The LDAO also embarked on an initiative to pool chapter resources by creating a chapter list-serve to facilitate sharing of information between chapters about best practices, resources, fundraising opportunities, etc. This was the result of a province-wide survey soliciting input about issues that were important to local chapters regarding short-term and long-term planning, financial sustainability, and resource management. It marks the continued efforts of the provincial organization to acknowledge the need for ongoing communication and support at the local level. Kudos!

Once again, LDAK participated in a video project with students from St. Lawrence College as part of a Marketing and Advertising assignment. We look forward to seeing the polished end product!

We were also chosen as the recipients of another St. Lawrence College student project involving the graduating class of the Early Childhood Education program. As a result of their efforts, LDAK received a cheque for \$2428.55 in a presentation ceremony at the College on Monday, April 20, 2015.

The Annual LDAK Fall Workshop in October saw the return of a very popular presentation, *Sitting at the Crossroads* by Dr. Garth Smith, and a new perspective on Learning Disabilities and Mental Health by Dr. Marjorie Phillips from the *Integra Program*. As always, the feedback from attendees was very positive, and it speaks well of the wealth of local and provincial expertise in the field of Learning Disabilities.

LDAK has developed a Survey on our website (www.ldakingston.com) looking for input regarding Assistive / Adaptive Technology needs for students with LD. Survey results will be used to guide the content and direction of workshops and the Assistive Technology Support Program currently being developed. The link will remain open until the end of April.

In closing, I would like to thank everyone who has had a part in our successes this year, especially those whose commitment and dedication to the organization continues to encourage and inspire. We are a small group, but determined, and this year, we are determined to work that much harder to grow community awareness about Learning Disabilities. Through awareness comes commitment, and with commitment comes opportunity. We welcome the opportunity to serve and support the incredible individuals who live and work with Learning Disabilities in our community.

Gail Eaton-Smith, President Learning Disabilities Association, Kingston (LDAK)

Summer Activities

Camp Kennebec...Making Kids Happy

What You Will Find at Camp Kennebec:

- A warm welcome for campers aged 6 and up, with a range of special needs including Autism, Asperger's, ASD, ADD, ADHD, OCD, Tourette's Syndrome, learning, social, behavioural difficulties and many others
- Overnight camp sessions lasting from 1-6 weeks, so you can choose the session length that works best for your family
- Unforgettable summer camp experiences filled with fun, laughter and new adventures
- Flexible daily schedules. Every day is a perfect blend of individual choice & 50+ waterfront, land-based, creative and artistic activities - favourites include horseback riding, high ropes, waterskiing, and the arts
- Exciting excursions to movies and provincial parks, overnight camping trips on our private island, theme days and special events
- Delicious, nutritionally balanced meals featuring fresh baked bread, a salad bar, homemade soups & desserts
- Low 2:1 camper-to-staff ratio includes teachers, child/youth, social & developmental workers
- Dynamic leadership training and intern programs for teens and young adults

Camp Kennebec Contact Information:

info@campkennebec.com www.campkennebec.com

1422 Cox Road Arden, Ontario K0H 1B0 Canada

Tel: 1 613 335-2114 Fax: 1 613 335-2988



Little Cataraqui Creek Conservation Area Summer Camp

- ⇒ Camps have a focus on learning about nature and the outdoors.
- ⇒ Instructors teach campers in age appropriate groups (ratio 1:8) ranging from 6 to 11 years old with a maximum of 24 campers per week
- ⇒ Campers experience the great outdoors through fun-inspired theme weeks filled with adventure, knowledge, fun, and games!



Nature Explores Camp is \$185.00 per week Shortened Weeks: \$150.00 (4 day camp)

Information and registration:

<http://crca.ca/education/summer-camps/> 613-546-4228

Summer Activities

Wolfe Island Day Camp 2015 **For children between the ages of 5-12 years**

- ⇒ One week sessions beginning July 6th—August 7th Cost: \$135.00 per week
- ⇒ Daily/Weekly events include: themed weeks, crafts, games, swimming and lots of fun!
- ⇒ Weekly Field Trips
- ⇒ Hot lunches of hot dogs and pizza for a minimum fee twice per week



For additional information:

www.alcdsb.on.ca/widc or contact: Jennifer Wilson 613-544-3361 or stainroj@alcdsb.on.ca

Boys and Girls Club of Kingston & Area Summer Camps

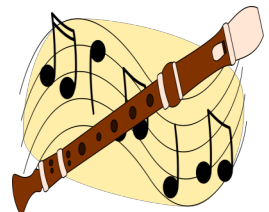
- ⇒ Camps for children and youth ages 4 -16 years
- ⇒ For complete details and information please visit **www.bgckingston.ca**



Downtown Location: 613-542-3306 West End Location: 613-507-3306

Arts By The Lake Summer Camp

- ⇒ A fun summer camp for kids ages 9-14 years to discover the arts and creativity in various forms
- ⇒ Programs are filled with Photography, Dance, Pottery, Gemstones and Jewelry
- ⇒ Includes half-day band camp



Dates: August 10 –14 August 17-21 2015

Location: The Tett Centre for Creativity & Learning

370 King Street West 343-266-0009

info@tettcentre.org

www.tettcentre.org

Queens' University Biological Station **ECO ADVENTURE CAMP**

- ⇒ Day camp for children aged 10-14 years
- ⇒ Swimming, Hiking, Geocaching, GPS Orienteering, Canoeing, Wildlife Exploration and much more!



Contact Info:

ecoadventurecamp.ca director@ecoadventurecamp.ca fb.com/qubsecoadventurecamp

7 Ways to Prevent the “Summer Slide”

The article was contributed by Spotlight Learning – Kingston’s premier in-home tutoring service. You can contact them at 613-539-0661, lynn@spotlightlearning.ca or through their website www.spotlightlearning.ca



The weather is finally warming up and at last summer is in sight. This is the time of year when kids gleefully put away their books and calculators, trading them in for bikes, flip-flops, and camping trips. Summer can also bring a lapse in learning for many children. This lapse, known as the summer slide, can have a negative impact on your child’s knowledge retention and preparedness for the upcoming school year, perhaps more of a negative impact than you might think.

At best, students show little or no academic growth over the summer. At worst, students perform one to three months behind where they were when the school year closed. and many teachers strongly support summer learning. Studies show that children can

lose more than 2.6 months of math skills learned in the previous year, and can lose an average of 1 month’s learning in other subject areas; reading skills are particularly impacted. This means children are often starting the school year well behind where teachers expect them to be and they spend the first two months on review. Many teachers strongly support summer learning.

Here are 7 things you can do to prevent the summer slide this year:

1. Read

Reading with your children is one of the easiest ways to prevent the summer slide. Whether it is a summer reading list, a subscription to a nature or science magazine, or simply reading articles from the newspaper, there are countless opportunities for reading with your children during the summer months. Most libraries have a wonderful summer reading program with rewards for summer readers, but if yours does not, you can create your own incentives right at home. There are lots of ways to get creative and have fun with summer reading! This is a simple, affordable way to keep your child engaged.



To see what Kingston Public Library has to offer visit: <https://www.kfpl.ca/>

2. Plant a Garden

Gardening is another way to incorporate learning into a fun activity, and this one even gets you outside into the fresh air! Let your child read about plants and decide what they would like to grow; you can then go shopping for seeds, plants, and supplies. Gardening integrates math, science, and reading. Your child will gain responsibility and pride as they watch their plants grow. If you don’t have access to a garden at home there are excellent community garden programs in Kingston. Read more about them here:

<https://www.cityofkingston.ca/residents/recreation/facilities/community/community-gardens>

7 Ways to Prevent the “Summer Slide”

3. Be a Tourist

Taking trips over the summer is a great way to explore a new city, town and learn about different ways of life. If you're staying close to home this summer, not to worry, there are lots of ways to see your hometown with fresh eyes. Be a tourist in your own hometown and see museums, monuments, parks, trails, and waterfronts you haven't seen before. This is a great way to learn and encourage your children to take pride in their community. For more information about tourism in Kingston visit: <http://tourism.kingstoncanada.com/en/index.asp>

4. Cook

Growing up, we spent hours in the kitchen cooking with my mom. She let us experiment, play, and (without us even knowing) learn. Cooking is an excellent way to integrate many different types of learning into one activity. Cooking integrates math, reading and following directions, not to mention creativity and collaboration. Let your child select cookbooks from the library and design the menu. This is great for confidence. They can even present their menu to the rest of the family at dinnertime, explaining what they made. Cooking together is fun, educational, and a great way to get your kids away from TV and tablets during dinner prep. There are also formal cooking classes for children available in the city. Here is one example of a kids cooking school program in the area: <http://www.kingstonkidszone.ca/NEW-Programs.html>

5. Write

Journaling and blogging are great ways to get your child writing. Get them to document their summer, the activities they have been doing, and what they have learned. If your child is reading, cooking, gardening, and sight seeing, they will have lots to write about I'm sure! You can use a similar incentive program as you did with reading. For example, you can offer an incentive every time your child writes a page, or completes a story. Writing doesn't necessarily have to be a personal journal either; creative writing is an excellent way to gain language skills and express creativity. For some kids' creating writing prompt visit:

<http://www.scholastic.com/teachers/story-starters/>

6. Summer Camp

There are many specialized summer camps available that offer your child unique learning opportunities. Summer camps give kids leadership skills, social skills, education from unique and engaging programs, and a lot of great memories. There are day camps and away camps available depending on your routine, the age of your child, and your budget. Here are some resources for summer camp options in Kingston: <http://www.queensu.ca/learn/youth/camps>
<http://www.kingston.ymca.ca/index.cfm?page=programs&s=schoolbreak>

7. Hire a Tutor

You might already be doing items 1-6 with your child, and still have concerns about the summer slide. If you know your child struggles in certain areas, hiring a tutor is a great option to give them the specific attention they need. Math and French are two subjects heavily impacted by the summer slide. Enrolling in a quality summer learning program that will provide your child with opportunities to build their skills is a great investment. To find out more about the benefit of tutoring and matching your student with a tutor, visit Kingston's newest in-home Tutoring service at www.spotlightlearning.ca

L. D. A. K. EXECUTIVE

2015 - 2016

President	Gail Eaton-Smith
Past President	David Williams
Vice President	
Treasurer	Pat Dudley
Secretary	
Members at Large	Bill Cormier Pamela Ayearst Tanya Jordan

RESOURCE CENTRE HOURS

Tuesday-Wednesday-Thursday

11 am—3 pm

(or by appointment)

Saturday & Sunday Closed

Resource Centre Co-ordinator

Lana Greenwood

Disclaimer

THE LEARNING DISABILITIES ASSOCIATION does not endorse or recommend any of the facilities listed or any of the methods, programmes, products or treatments offered by such facilities.

Our aim is to keep the community informed about services and facilities that are available to people with learning disabilities.

We urge consumers and service providers to review carefully any programmes and services listed in order to select those which will meet most appropriately the identified needs of the person with learning disabilities.

Membership Application Form

Name: _____

Address: _____

CITY _____ PROVINCE _____ POSTAL CODE _____

Telephone: (H) _____ (W) _____

ANNUAL DUES:(Effective April 2/04)

Family/Individual - 1 Year Fee -\$50 ☐

Student (1 Year Fee Only) - \$20 ☐

Institutional (1Year Only) - \$125 ☐

Professional (Private Practices)
1 Year Fee - \$75 ☐

I would like to volunteer to help with:

- | | |
|--------------------------------------|-------------------------------------|
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Membership |
| <input type="checkbox"/> Publicity | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Other | |
- _____

Membership Advantages:

- ⇒ subscription to Communiqué
- ⇒ affiliation with local, provincial and national levels of LDA
- ⇒ free information on learning disabilities
- ⇒ free access to Kingston's resource centre and the lending library of LDA Ontario
- ⇒ discount on LDA conferences

☐ Please check this box if you agreed to receive your copies of Communiqué (provincial newsletter) by e-mail.

**Your membership is important in providing
a stronger voice within all levels of the
Association.**

Please tear off and mail this form and cheque (made out to **LEARNING DISABILITIES ASSOCIATION OF KINGSTON**) to
Learning Disabilities Association of Kingston
116-993 Princess St. Kingston On K7L 1H3

THANK YOU